



First Aid Management

First aid is an emergency care or initial assistance given to a casualty or a sick person for any injury or sudden illness. Improving skills in first aid can help bring down morbidity and mortality rates. The aim of this module is to provide knowledge and skills required to recognize and manage a medical emergency effectively.

Learning Outcomes

- Identify situations that require first aid
- Discuss the aims of first aid
- List out the roles and responsibilities of first aider
- Explain different types of injuries and its first aid management
- Apply critical thinking skills to manage various emergency situations
- Demonstrate first aid skills in an adult casualty with minor and major injuries

Training Material

- Multimedia audio visual aids
- First aid kits
- High fidelity manikins
- First aid manual
- Handouts

Duration

6 hrs

No. of Participants per Instructor

15