

# **Suctioning and Tracheostomy Care**

Tracheostomy is a surgical opening created through the neck to allow direct access to the trachea to maintain a patent airway. Nurses play a vital role in providing effective tracheostomy care and safe suctioning to bring down the high risk of airway obstruction, impaired ventilation as well as infection. The aim of this module is to equip nurses with knowledge and skills to care for clients with new or existing tracheostomy.

## **Learning Outcomes**

- · Recall the anatomy and physiology of the upper respiratory tract
- · Identify the indications of tracheostomy
- Discuss types of tracheostomy tubes
- · Examine the significance of stoma care
- Demonstrate tracheostomy and suctioning procedure
- Identify complications of tracheostomy

### Training Material

- · Multimedia audio visual aids
- Tracheostomy care task trainer
- Handouts

#### **Duration**

6 hrs

## No. of Participants per Instructor

15