



## Heart Saver First Aid CPR AED

Cardiopulmonary resuscitation is a critical life saving skill performed in the event of cardiac arrest until medical help arrives. This course is aimed at anyone with little or no medical training and for individuals who want to be prepared for an emergency in any setting. Heart Saver First Aid CPR AED module prepares participants in providing first aid, CPR and use of automated external defibrillator in a safe and effective manner

### Learning Outcomes

- Discuss first aid basics
- Identify various medical emergencies and their management
- List out situations that require CPR
- Perform high quality CPR in adults, children and infants
- Demonstrate the appropriate technique of using an AED
- Discuss the management of opioid- associated life-threatening emergencies

### Training Material

- Multimedia audio visual aids
- High fidelity manikins
- Assessment tools

### Duration

8 hrs

### No. of Participants per Instructor

8