

# CPR and AED Skills



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Cardiopulmonary Resuscitation (CPR) is a critical life saving skill performed in an emergency situation like cardiac arrest in an attempt to revive the victim until medical help arrives. CPR includes high quality chest compressions combined with ventilation techniques and early defibrillation. The aim of this module is to train the participants to perform high quality CPR on adults, children and infants individually or as part of a team.

## Learning Outcomes

- Describe the importance of high-quality CPR
- Recognize the situations that require CPR
- Perform high-quality CPR for adults, children and infants
- Explain the importance of early use of Automated External Defibrillator (AED)
- Demonstrate the appropriate technique of using an AED
- Illustrate effective ventilation technique by using a barrier device
- Describe how to relieve foreign-body airway obstruction in adults, children and infants

## Training Material

- Multimedia audio visual aids
- High fidelity manikins
- Various assessment tools
- Handouts

## Learning Activity

- Practice session on task trainer
- Demonstration on high fidelity manikins
- Practice skills in a simulated environment
- Knowledge and skill assessment

## Duration

6 hrs

## Number of Participants

15