

# Health Assessment in Clinical Practice



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Health Assessment is an organized systematic assessment tool that involves the use of one's senses to explore an individual's physical, psychological and social needs by collecting both subjective and objective data. Health Assessment plays a vital role in nursing process in assessing and determining the client's health issue and designing care plans and nursing interventions. The aim of this module is to train the participants on various assessment techniques essential to practice competently in clinical settings.

## Learning Outcomes

- Discuss history collection and interviewing skills required for comprehensive data collection
- Explain subjective and objective assessments
- Differentiate between normal and abnormal assessment findings
- Describe different health assessment techniques
- Perform comprehensive health assessment using a systematic approach

## Training Material

- Multimedia audio visual aids
- High fidelity manikins
- Various assessment tools
- Handouts

## Learning Activity

- Practice session on task trainer
- Demonstration on high fidelity manikins
- Simulation based clinical scenarios
- Knowledge and skill assessment

## Duration

6 hrs

## Number of Participants

15