

Palliative Care



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Palliative care focuses on enhancing the quality of life for patients and families dealing with life-threatening illnesses. Nurses play a vital role in palliative care by providing comfort, managing pain, and supporting families with empathy and dignity during challenging times. The aim of this session is to equip learners with a comprehensive understanding of palliative care, focusing on addressing the physical, emotional, and spiritual needs of patients to deliver compassionate and patient-centered care throughout their journey.

Learning Outcomes:

- Discuss palliative care settings, principles, ethics and patient needs
- Differentiate conventional vs. palliative care approaches and their benefits
- Apply communication skills for delivering bad news and resolving challenges
- Address ethical dilemmas in palliative and end-of-life care
- Implement best practices for managing common symptoms in palliative care
- Develop strategies to manage stress and build resilience in nursing

Training Materials

- Multimedia Audio Visual Aids
- Handouts

Learning Activity

- Simulation based Clinical Scenarios
- Symptoms Management Game
- Reflection Activity
- Kahoot Quiz

Duration

5 Hours

Number of Participants

50