

Therapeutic Communication



Therapeutic Communication

Therapeutic communication acts as a predominant foundation of nurse-client relationship that serves specific purpose within the health care context. Various communication techniques are used to advance the physical and emotional well-being of clients. The aim of this module is to train the nurses on various verbal and nonverbal communication techniques to improve the quality of interaction with patients in a non-judgmental way, while showing empathy and concern.

Learning Outcomes

- Explain the importance of therapeutic communication in nursing
- Discuss various therapeutic techniques used by nurses
- List out the common non-therapeutic responses
- Explain the phases of therapeutic communication
- Discuss the protocols to be followed in breaking bad news
- Demonstrate therapeutic communication techniques in various clinical scenarios
- Discuss facilitators and inhibitors of therapeutic communication

Training Material

- Multimedia audio visual aids
- Hand outs

Learning Activity

- Discussion on various clinical case scenarios
- Communication games
- Ice breaker activity
- Knowledge and skill assessment

Duration

2 hrs

Number of Participants

50