

Urinary Catheterization



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Urinary catheterization is the standard method of accessing the urinary bladder using a flexible catheter to collect urine. This invasive procedure is one of the most common and important skill nurses should master to deliver quality care to patients. The aim of this module is to train the nurses on the technique of handling, inserting and changing catheters for therapeutic and diagnostic purposes.

Learning Outcomes

- Recall the anatomy and physiology of urinary system
- Recognize the indications and contraindications of urinary catheterization
- Identify the types of urinary catheters
- Demonstrate urinary catheterization procedure and care of catheter
- Outline the complications associated with urinary catheterization

Training Material

- Multimedia audio visual aids
- Urinary catheterization trainer
- Handouts

Learning Activity

- Practice session on task trainer
- Simulation based clinical scenarios
- Knowledge and skill assessment

Duration

5 hrs

Number of Participants

15